

BTEc Sport Level 2 - Long Term Plan - 2018/2019



Vocational PE: Board Pearson BTEC Level 2 in Sport

W/B		Year 10	Year 11
11/09/2017	1	Unit 2: Badminton Rules Write Up	Unit 1: Principles of Training inc. FITT
18/09/2017	2	Unit 2: Badminton Rules Practical	Unit 1: Training Methods
25/09/2017	3	Unit 2: Badminton Regulations Write Up	Unit 1: Training Methods
02/10/2017	4	Unit 2: Badminton Regulations Practical	Unit 1: Training Methods
09/10/2017	5	Unit 2: Badminton Scoring Write Up	Unit 1: Fitness Testing
16/10/2017	6	Unit 2: Badminton Scoring Practical	Unit 1: Fitness Testing
23/10/2017	7	HALF - TERM	
30/10/2017	8	Unit 2: Badminton Umpiring Write Up	Unit 1: Importance of Fitness Testing
06/11/2017	9	Unit 2: Badminton Umpiring Practical	Unit 1: Interpretation of Fitness Test Results
13/11/2017	10	Unit 2: Second Sport Rules Write Up	Revision of Unit 1
20/11/2017	11	Unit 2: Second Sport Rules Practical	Revision of Unit 1
27/11/2017	12	Mock Exams	Mock Exams
04/12/2017	13	Mock Exams	Mock Exams
11/12/2017	14	Unit 2: Second Sport Regulations Write Up	Revision of Unit 1
18/12/2017	15	Unit 2: Second Sport Regulations Practical	Revision of Unit 1
25/12/2017	16	CHRISTMAS	
01/01/2018	17	CHRISTMAS	
08/01/2018	18	Unit 2: Second Sport Scoring Write Up	Revision of Unit 1
15/01/2018	19	Unit 2: Second Sport Scoring Practical	BTEC EXTERNAL EXAM?
22/01/2018	20	Unit 2: Second Sport Umpiring Write Up	Unit 5: SMART Targets
29/01/2018	21	Unit 2: Second Sport Umpiring Practical	Unit 5: SPORT
05/02/2018	22	Mock Exams	Mock Exams
12/02/2018	23	Mock Exams	Mock Exams
19/02/2018	24	HALF - TERM	
26/02/2018	25	Unit 3: What is Personality?	Unit 5: Programme Design
05/03/2018	26	Unit 3: Personality Types and Measurements	Unit 5: Barriers to Participation and Strategies to Succeed
12/03/2018	27	Unit 3: Views on Personality	Unit 5: Barriers to Participation and Strategies to Succeed
19/03/2018	28	Unit 3: Definition and Types of Motivation	Unit 5: Preparation for Exercise
26/03/2018	29	EASTER	
02/04/2018	30	EASTER	
09/04/2018	31	Unit 3: Views on Motivation	Unit 5: Programme - Practical Completion
16/04/2018	32	Unit 3: Achievement Motivation	Unit 5: Programme - Practical Completion
23/04/2018	33	Unit 3: Benefits of Motivation	Unit 5: Programme - Practical Completion
30/04/2018	34	Unit 3: Self Confidence	Unit 5: Programme - Practical Completion
07/05/2018	35	Unit 3: Self Efficacy	Unit 5: Programme Review and Recommendations
14/05/2018	36	Unit 3: Goal Setting	Unit 5: Programme Review and Recommendations
21/05/2018	37	Unit 3: Anxiety	Unit 5: Programme Review and Recommendations
28/05/2018	38	HALF - TERM	
04/06/2018	39	Unit 3: Arousal and Anxiety	
11/06/2018	40	Unit 3: Controlling and Managing Emotions	
18/06/2018	41	Mock Exams	
25/06/2018	42	Mock Exams	
02/07/2018	43	Unit 1: Components of Physical Fitness	
09/07/2018	44	Unit 1: Components of Skill Related Fitness	
16/07/2018	45	Unit 1: Exercise Intensities	