



KS4 options

Unique, personalised courses
and project-based learning

Dear Students and Parents,

This booklet will help you choose the subjects you are going to study when you join us in September.

You will follow a broad curriculum so you can develop important core knowledge and skills. It also allows you to specialise and find your chosen career.

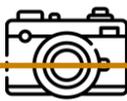
We listen to our current and future students carefully and have put the right combination of subjects together to fit with our pathways. We are then able to create a personalised programme for each Key Stage 4 student that offers a broad, balanced curriculum that suits each student's individual talents, needs and aspirations.

The education here is unique because it includes Project Based Learning which allows you to develop your own products and skills and allowing you to experience the world of work in your specialist field. You will work in teams to resolve real world issues and challenges with the support of mentors and experts from beyond the school team.

As you can see, your experience here will be greater than the sum of its parts: you will do enrichment projects; develop as a leader; learn how to stay well, thrive and happy; and start planning for your future career by taking full advantage of all the opportunities you will be presented with here at the school.

We can't wait for you to join us,

Jill Davies, Principal



What will I learn?

This course will focus heavily on developing learners' problem solving abilities and promote 'Computational Thinking'. The course is split into three components, with two of those being exam based and aims to cover all areas of the technical functioning of computers. Learners will use technology to develop their understanding of how computers are used in the modern world to provide solutions to society's biggest problems, right through to how the CPU processes binary data to execute instructions. This course will also allow learners to develop the understanding that underpins high quality computer programming through using a selection of high level languages.

What topics will we cover? How will my learning be assessed?

Unit	Topic examples	Assessed by	Worth
Component 01 Computer Systems	You will learn about how computers function and how systems are developed to provide effective solutions to the problems we face as users of technology. You will focus your learning on; Systems Architecture; Memory; Networks; Systems Security; Systems Software; and Legal, moral, ethical considerations.	External 90-minute examination	50%
Component 02 Computational thinking and problem solving	You will learn how to process information in a 'computational' manner and how to solve problems using software solutions. You will focus your learning on; Algorithms; Programming Techniques; Computational Logic; Data Representation; High Level Languages and Translators.	External 90-minute examination	50%

How will this subject prepare you for your next steps?

This course will give you the essential skills and knowledge to move into further study in the area of computer science and covers all of the necessary underpinning concepts to prepare you for either A-Level Computer Science or a tailored vocational programme of study that focusses on technical systems or programming such as the Level 3 Technical Level in IT: Programming, or the Level 3 BTEC in IT Systems. This course is also suitable for anyone wishing to pursue an apprenticeship in any technical IT role, such as Network or Software Engineering.



GCSE GEOGRAPHY

Syllabus: AQA 8035

What will I learn?

Fascinating, dynamic and vital information about the world and its future. If you are interested in how the earth works and are concerned about what's in store for the planet, then Geography is *the* subject to study. The three major topics are:

Human Issues – World Development, Cities in rich and poor countries, Globalisation and Resources (food, water and energy).

Physical Geography – Hazards (earthquakes and volcanoes), Climate Change, Tropical Rainforests, The Arctic, Rivers and Coasts in the UK.

Fieldwork – trips to the Wirral Coast and Liverpool City Centre to complete fieldwork surveys.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Paper 1	Physical Geography	Exam – 1½ hours	35%
Paper 2	Human Geography	Exam – 1½ hours	35%
Paper 3	Fieldwork/Issue	Exam – 1 ¼ hours	30 %

How will this subject prepare you for your next steps?

The world needs to change to become more sustainable and address the challenges the earth faces. If you are interested in being involved in the new career opportunities that these changes produce, perhaps connected with renewable energy, new forms of transport, the way we build and plan cities or integrate technology into our daily lives, then Geography is of critical value. If your planned career path lies elsewhere, it is still a uniquely interesting subject relevant to all aspects of your life: the living world, wealth and poverty, natural disasters and the environment.



GCSE HISTORY

Syllabus: AQA

What will I learn?

This course will help you to think like a Historian. You will be able to recall, select and communicate your knowledge of history.

You will develop a good understanding of several periods of study and you will learn how to evaluate and analyse historical sources.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Unit 1	Elizabethan England 1558 – 1603 Health and the People 1000A.D - present	2 hour written paper	50%
Unit 2	International Relations 1918 – 1939 The USA 1920 - 1980	2 hour written paper	50%

How will this subject prepare you for your next steps?

This course will give you a good foundation to study A Levels in: History, English Literature, and Sociology. You will enhance your skills in:

Research and critical reasoning to solve problems

Analysis of interpretations

Evaluation of historical sources

Extended writing and reading

Communication skills

Construct arguments

Debating skills

And then...

University courses in History, Law and politics leading to careers in journalism, education the political arena and many more.



GCSE SPANISH

Syllabus: AQA

What will I learn?

This course will help you to learn Spanish skills of speaking, reading and listening either from scratch or build on them if you have studied Spanish before.

What topics will we cover? How will my learning be assessed?

The specification covers three distinct themes for all four question papers.

Theme 1: Identity and culture.

Theme 2: Local, national, international and global areas of interest.

Theme 3: Current and future study and employment

	Topic examples	Assessed by	Worth
Unit 1	Listening	Written exam – 45 mins	25%
Unit 2	Speaking	Internal assessment	25%
Unit 3	Reading	Written exam – 45 mins	25%
Unit 4	Writing	Written exam – 1 hr 15 mins	25%

How will this subject prepare you for your next steps?

This course will give you a good foundation to study AS/A Levels in: Spanish

And then...

University courses in Spanish, History, and Law.

If you speak another language in addition to English please take time to speak with our team. We will support you to gain validation of this through GCSE or other equivalent qualifications.



BTEC ANIMAL CARE

Syllabus: BTEC

For study alongside Double Award Science

What will I learn?

You will gain hands-on experience with a wide variety of species, from reptiles and birds, to native mammals. This will provide you with the confidence, knowledge and experience needed to secure employment within the growing sector.

What topics will we cover? How will my learning be assessed?

During this course, you will gain an understanding of the various aspects of animal management through a number of units such as:

- Work-related experience
- Animal feeding
- Animal accommodation
- Animal handling and behaviours
- Animal biology
- Animal health and behaviour
- Animal conservation

You will be assessed by a combination of written assignments, practical assessments and group work throughout the course.

How will this subject prepare you for your next steps?

This course will provide you with the knowledge, skills and confidence needed to gain employment within the industry.

Former students who have completed this course have gone on to secure jobs in wildlife establishments, kennels, catteries, animal welfare organisations, charities, equine centres and veterinary practices.

You'll also have the opportunity to enhance your knowledge and skills, preparing you for university or a higher level role in the industry, by progressing on to Level 3 Diploma in Animal Management



What will I learn?

Art & Design GCSE provides students with a wide range of creative, exciting and stimulating opportunities to explore their interests in art and design. The course is designed to develop students as effective and independent learners and as critical and reflective thinkers. Students will learn how to use and develop a broad range of media, materials and techniques, including traditional and new media technologies. Students will learn to problem solve and learn from their mistakes when exploring and experimenting with ideas, materials, tools and techniques.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
1:	Year 10 focuses on building independence, skills, and critical thinking. Students have a themed focus (past examples include: <i>Japanese art</i> , <i>Graffiti</i> , and <i>Identity</i>) in which they develop personal responses in a range of media of their choice, both in traditional and digital media. Year 11 allows for more creative ownership with the starting point <i>Reinvention</i> . Students may work in a range of media and styles of their choice to create a personal response.	Portfolio of work from both year 10 and 11	60%
2:	A list of starting points will be provided by the examination board. Students will choose one of these themes (past examples include <i>Natural forms</i> , <i>music in art</i> , <i>my surroundings</i>) and create a personal response using the materials of their choice.	A controlled assessment	40%

How will this subject prepare you for your next steps?

Students taking this course will gain the critical and creative thinking, visual understanding, and practical skills required for a range of Creative Industries (arts, crafts, design, illustration, advertising, fashion, photography/film, publishing, game design, concept art, and more). The Creative Industries are some of the fastest-growing sectors in the UK (and are unlikely to become automated). The discipline gained through the creative process, combined with the freedom for students to develop their own ideas and skills, allows them to explore their personal interests in ways to prepare them for the rigor of a Creative career.



BUSINESS & ENTERPRISE LEVEL 2

Syllabus: NCFE

What will I learn?

You will gain a broad understanding of Business and Enterprise including the following:

- Entrepreneurial characteristics and business aims and objectives
- Legal structures, organisational structures and stakeholder engagement
- The marketing mix, market research, market types and orientation types
- Internal and external influences on business
- Research, resource planning and growth for business
- Human resource requirements for a business start-up
- Sources of enterprise funding and business finance
- Business and enterprise planning.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Unit 1	Introduction to Business and Enterprise	Externally Assessed: Written Examination (externally marked)	40%
Unit 2	Understanding resources for Business and Enterprise planning	Internally Assessed: Synoptic Project (externally quality assured)	60%

How will this subject prepare you for your next steps?

Learners who generally achieve at Level 2 across their Key Stage 4 learning might consider progression to:

- A Levels as preparation for entry into higher education in a range of subjects
- Study of a vocational qualification at Level 3, such as a BTEC National in Enterprise and Entrepreneurship, which prepares learners to enter employment or apprenticeships, or to move on to higher education by studying a degree in the Business sector.



What will I learn?

Unit 1: This unit aims to develop your knowledge and understanding of child development. You will learn about five different areas of development – physical, cognitive, communication and language, emotional and social – and how these areas are linked. You will then learn about the expected patterns of development based on the norms for different ages.

Unit 2: In this unit you will look at how early years settings use play to promote children’s learning and development at different ages and stages, including babies, and the types of play opportunities that early years settings usually provide. You will find that play can be structured to help development.

Unit 3: In this unit you will look at some of the key principles that are reflected in best practice in early years. You will learn about inclusive practice as a way of valuing children and ensuring that they can benefit from the opportunities within the setting. You will also explore how children are empowered to ensure that children learn to become independent and develop a strong self-image, as well as ways in which this is put into practice.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Unit 1	Patterns of child development	internally assessed assignments	30%
Unit 2	Promoting childrens development through play	internally assessed assignments	30%
Unit 3	The principles of inclusive practice	Externally assessed unit	40%

How will this subject prepare you for your next steps?

This qualification is an equivalent to a GCSE. This course could let you proceed to a course of your choice at college.

- BTEC Health and Social Care (Level 3)
- BTEC Children’s play, learning and development (Level 3)
- A Level at sixth form/ college.



BTEC CREATIVE MEDIA PRODUCTION

Syllabus: BTEC Tech Award

What will I learn?

As the BTEC Tech Award in Creative Media Production is a practical introduction to life and work in the industry, you can explore the sector while:

- Developing technical skills and techniques
- Producing a digital media product in response to a brief
- Reviewing and reflecting on the process and outcome.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Component 1 Exploring media products	<ul style="list-style-type: none">• Content and purpose of digital media products• Style and the use of digital design principles• Idea generation and the production process• Industry regulations and professional practices.	internally assessed assignments	30%
Component 2 Developing digital media production skills	<ul style="list-style-type: none">• experiment with a variety of media production skills and techniques• apply the technical skills that you learn• reflect on your progress and use of skills, as well as how you could improve.	internally assessed assignments	30%
Component 3 Create a media product in response to a brief	<ul style="list-style-type: none">• learn how to respond to a media brief• plan your response to the brief• apply skills and techniques to a production• justify the process and outcome that you have developed• reflect on the application of skills, time management and use of resources.	Externally assessed unit	40%

How will this subject prepare you for your next steps?

With a BTEC Tech Award in Creative Media Production, you are able to explore, challenge and realise your potential. During the course, you can see whether the industry is one you want to be in, where you could go, and gain the knowledge and skills you need to succeed in your next steps. After completing the course, you can move on to Level 3 games design, VFX and animation. What's more, the transferable skills you master during your studies such as self-reflection, communication, teamwork and problem solving will also support your progress in the future.



DIGITAL INFORMATION TECHNOLOGY

Syllabus: BTEC

What will I learn?

Through completion of this course you will develop sector-specific knowledge and skills in a practical learning environment. You will start off on this course by learning how different user interfaces meet different user needs and how organisations collect and use data to make decisions. You will learn about effective working practices including the iterative design process, cyber security issues, working in virtual teams, and the legal and ethical codes of conduct that employees must be aware of and adhere to. You will also develop skills in project planning, designing and creating user interfaces, creating visually appealing data dashboards to improve the usability of data for different audiences, as well as learning how to interpret data to turn it into meaningful information.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Explore	Exploring User Interface Design Principles and Project Planning Techniques	internally assessed assignment(s)	30%
Develop	Collecting, Presenting and Interpreting Data	internally assessed assignment(s)	30%
Apply	Effective Digital Working Practices	Externally assessed exam	40%

How will this subject prepare you for your next steps?

This course is ideal for learners who want to pursue a career in IT and want to get a broad taste of digital skills. This course will offer you the foundations for building the digital skills required to progress into further education or apprenticeships in a digital working environment.

You will learn how to interpret, manage, and present information. This is a fundamental skill for any employee regardless of the sector and this course will give you skills that will allow you to excel when handling data. Once you have mastered the data handling aspects of the course, you will also learn how to make sure your digital products are presented in the most effective and useful way for the intended audience in order to maximise the impact of your message. Alongside this, after completing this course you will be able to identify effective working practices and apply these skills to project that you can lead.

This course is an ideal stepping stone to careers like IT Project Management, Technical Support and Cyber Security.

This course will be useful for anyone who would like to prepare for A-Levels or further BTEC vocational courses at further education in a range of subjects, including technical disciplines such as IT or Creative Digital Media.



BTEC ENGINEERING

Syllabus: BTEC L1/2 Tech Award in Engineering Specification

For study alongside Double Award Science

What will I learn?

The Pearson BTEC Level 1/2 Tech Award in Engineering (Qualification Number: 603/0829/1) is for learners who wish to acquire technical skills through vocational contexts by studying mechanical, electrical/electronic and engineering design as part of their Key Stage 4 learning.

What topics will we cover:

- Development of key Engineering practical and technical skills, such as research, observation, measurement, making, using computer-aided design (CAD) and disassembly
- Knowledge of key engineering sectors (mechanical, electrical/electronic and engineering design) and the interrelation of each in industry
- Knowledge of the stages involved in planning and implementing an engineering project
- Knowledge and skills involved in the investigation of solutions to engineering problems in response to a given brief.

How will my learning be assessed?

	Topic examples	Assessed by	Worth
Component 1	Exploring engineering sectors and design applications	Externally Assessed: Written Examination	25%
Component 2	Investigating an engineering project	Internally Assessed	25%
Component 3	Responding to an engineering brief	Synoptic unit	25%

How will this subject prepare you for your next steps:

Learners who generally achieve at Level 2 across their Key Stage 4 learning might consider progression to:

- A Levels as preparation for entry into higher education in a range of subjects
- Study of a vocational qualification at Level 3, such as a BTEC National in Engineering, which prepares learners to enter employment or apprenticeships, or to move on to higher education by studying a degree in an engineering area.

Learners who generally achieve at Level 1 across Key Stage 4 learning might consider progression to:

- Study Level 2 in a range of technical routes designed to lead to work, apprenticeships or to further study at Level 3. For these learners, the attitudes and the reflective and communication skills covered in the qualification will help them achieve study of engineering post-16 through the study of a technical certificate. Learners who perform strongly in this qualification compared to their overall performance should strongly consider this progression route that can lead ultimately to employment in engineering sectors.



What will I learn?

You will study the key elements of film form including cinematography, mise en scene, editing and sound. You will also study the contexts of your chosen films and what was happening when the film was made. What can the film tell us about history and society at that time?

There is a creative production element which allows you to showcase the film-making or screenwriting skills you have developed during the course by producing a:

- Film Extract (video) or
- Film Extract Screenplay (with storyboard)
- Evaluative Analysis

What topics will we cover? How will my learning be assessed?

There are two exams at GCSE, each worth 35% of the qualification with the remaining 30% assessed by Production work. Each exam lasts 90 minutes and consists of three different sections:

	Topic examples	Assessed by	Worth
Component 1: Key Developments in US Film	Section A: US Film Comparative Study Section B: Key Developments in Film & Film Technology Section C: US Independent Film	90 minute written exam	35%
Component 2: Global Film – Narrative, Representation & Film Style	Section A: Global English language film Section B: Global non-English language film Section C: Contemporary UK film	90 minute written exam	35%
Creative Production	Film making or screen writing	Coursework	30%

How will this subject prepare you for your next steps?

It's not just about film! The critical skills you develop through studying film will also be of use in GCSE English and modern foreign languages. The deepening historical and cultural perspectives you will develop will inform your work in history, geography, sociology and other humanities subjects. If you pursue the screenplay option, writing skills for GCSE English will be enhanced. The visual and design aspects of film production are linked to skills required of art students. You will also develop technical skills that can improve your employability in a number of careers.



GCSE GRAPHIC COMMUNICATIONS

Syllabus: AQA Art & Design (Graphic Communication) GCSE (Full Course)

What will I learn?

Graphic Communication GCSE provides students with a wide range of creative, exciting and stimulating opportunities to explore possible careers within the creative industry. The course is designed to develop students as effective and independent learners and as critical and reflective thinkers. Students will learn how to use and develop a broad range of media, materials and techniques, including traditional and industry standard technologies. Students will learn to problem solve and learn from their mistakes when exploring and experimenting with ideas, materials, tools and techniques to communicate ideas visually.

Producing a wide variety of outcomes including posters, logos, packaging and illustrations.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Unit 1	Logo design, digital illustration, photography, drawings. We will explore a range of topics including poster design, editorial design, packaging design etc.	Portfolio of work	60%
Unit 2	A list of starting points will be provided by the examination board. Past examples include packaging design, illustrating and advertising.	Controlled assessment	40%

How will this subject prepare you for your next steps?

This course will give you a good foundation to study A Levels and or BTEC Level 3 in: Art & Design, Creative Media Design, Photography, Graphics and any course which requires creative enquiry.

At University level, this could prepare you for courses in Architecture, Digital Media, Fine Art, Fashion Design, Film Studies, Games Development, Animation, Costume Design, Illustration, Children's and Adult Book Illustration, Graphic Design, Photography etc.



What will I learn?

You will study the principles that underpin health and social care, including global and national aspects of health, types of health and the role of key professionals within the sector. There will be a variety of sessions on offer including taught sessions, guest speakers, trips, projects and skills and assignment workshops.

What topics will we cover? How will my learning be assessed?

Global and National Health	Pandemics and epidemics (Ebola, measles outbreak WW2, HIV, obesity and much more). NHS crisis (Staff shortages, abuse and neglect and budget cuts) Liverpool Area (factors that affect health, smoking, drugs, obesity, homelessness) Health systems around the world (poor countries V rich countries)	<ul style="list-style-type: none"> - Weekly quizzes about what you have learnt. - Reflection logs on documentaries you have watches. - Question and answer sessions with guest speakers.
Types of health	Neonatal and children’s health (first aid, real life case studies and local health settings for children). Adult health (first aid, real life case studies and local health settings for adults). Adolescence/ adults health (first aid, real life case studies and local health settings for adults).	<ul style="list-style-type: none"> - Practical sessions in the health suite where you will apply theory to practice. - Presentations which will assess your progress and knowledge.
Health care professionals and assignment workshops	Roles of health care professionals such as midwives, paramedics, neonatal nurses, social workers, surgeon, radiology, psychiatry, social work and many more. Skills to help you throughout your GCSE’s such as Microsoft word skills workshop, Typing skills, paraphrasing, referencing, command verbs, coursework, examination questions	<p>Health care professionals</p> <ul style="list-style-type: none"> - Coursework and exam style questions - Question and answer sessions with professionals. <p>Assignment workshops:</p> <ul style="list-style-type: none"> - Skills and knowledge tests - Coursework and exam style questions.

How will this subject prepare you for your next steps?

You will learn many transferable skills on the course which will help you in many aspects of your life.... You can use this qualification alongside core Maths and English (grade 4) to access Level 3 Health and Social care. This qualification will open many doors to your future, here are just some of the exciting courses which await you including Midwifery, Nursing, Social Work, Teaching, Counselling plus more.



GCSE PSYCHOLOGY

Syllabus: AQA

What will I learn?

Psychology is the scientific study of human mind and behaviour: how we think, feel, act and interact individually and in groups. Psychology is concerned with all aspects of behaviour and with the thoughts, feelings and motivations underlying that behaviour. It is both a thriving academic discipline and a vital professional practice. We are all interested in what makes people tick and how this understanding can help solve major problems in society. Psychology is a science and psychologists study human behaviour by observing, measuring and testing, then arriving at conclusions that are rooted in sound scientific methodology.

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Paper 1	Memory Perception Development Research methods	Paper 1: 1 hour 45 minute paper.	100 marks (50%) 25 marks per topic.
Paper 2	Social influence Language, thought and communication Brain and neuropsychology Psychological problems	Paper 2: 1 hour 45 minute paper.	100 marks (50%) 25 marks per topic

How will this subject prepare you for your next steps?

A GCSE in psychology will enable you to develop lots of key and transferrable skills such as analytical skills, problem solving, time management, organisational skills, communication skills and project management skills. You will develop your ability to write extended pieces of writing and learn how to write thorough and effective evaluations involving analytical thinking. You will have plenty of opportunities to improve your confidence in speaking to groups of people and working as part of a team. One of the biggest benefits of this pathway is that having a social science subject on your CV at GCSE and/or A Level shows employers that you understand people and societies and this will be useful for any company or organisation, not to mention the benefits this brings to your own life.

This GCSE will enable you to study A Level psychology and complements other subjects such as English, sociology and history at level 3.



What will I learn?

Studying sociology offers insights into social and cultural issues. It helps you develop a multi-perspective and critical approach to understanding issues around culture, identity, religion, crime, families and social power. More than once during the course you're bound to ask yourself the question, "why has society developed like this? With poverty, ignorance, crime and injustice."

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Paper 1	The sociology of families and education : <ul style="list-style-type: none">• The sociology of families• The sociology of education• Relevant areas of social theory and methodology	Paper 1: 1 hour 45 minute paper.	100 marks (50%)
Paper 2	The sociology of crime and deviance and social stratification : <ul style="list-style-type: none">• The sociology of crime and deviance• The sociology of social stratification• Relevant areas of social theory and methodology	Paper 2: 1 hour 45 minute paper.	100 marks (50%)

How will this subject prepare you for your next steps?

A GCSE in sociology will enable you to develop lots of key and transferrable skills such as analytical skills, problem solving, time management, organisational skills, communication skills and project management skills. You will develop your ability to write extended pieces of writing and learn how to write thorough and effective evaluations involving analytical thinking. You will have plenty of opportunities to improve your confidence in speaking to groups of people and working as part of a team. One of the biggest benefits of this pathway is that having a social science subject on your CV at GCSE and/or A Level shows employers that you understand people and societies and this will be useful for any company or organisation, not to mention the benefits this brings to your own life.

This GCSE will enable you to study A Level sociology and complements other subjects such as English, psychology, criminology and history at level 3.



BTEC SPORT LEVEL 2

Syllabus: BTEC

What will I learn?

What does it take to be a successful coach, fitness instructor, centre manager or personal trainer? Individuals and groups participating in sport have a positive impact on our communities and society as a whole. There are many exciting opportunities in sport which in addition to specific sport related skills, require skills such as self-management, team working, business and customer awareness, problem solving, literacy, numeracy and communication.

BTEC Firsts in Sport provide a practical, real-world approach to learning and develop specific knowledge and skills learners need to work successfully in the industry, such as:

- Developing project-/self-management and independent-learning skills, by investigating opportunities for employment in the industry, as well as exploring trends which affect participation in sport
- Developing team working and communication skills by organising and leading sports activities and events and carrying out a variety of roles within a team
- Developing business and customer awareness by working on assignments which are set in a vocational context

What topics will we cover? How will my learning be assessed?

	Topic examples	Assessed by	Worth
Unit 1	Fitness for sport and exercise	Externally Assessed: Written Examination	25%
Unit 2	Practical performance in sport	Internally Assessed	25%
Unit 3	Applying the principles of personal training	Synoptic unit	25%
Unit 4	The mind and sports performance	Internally assessed	25%

How will this subject prepare you for your next steps?

This course can lead to careers in:

Coaching

Fitness

Physiotherapy

Personal trainer

